



Secure attachments
Robust learners • Building futures



Essential Training for Mental Health Leads

Your Space Therapies are pleased to present their
AUTUMN 2019 and SPRING 2020 conferences in WEST SUSSEX.

We are a counselling and play therapy service that work holistically with schools
and other professionals supporting vulnerable children.

We help children and their communities to have good mental health,
resilience to learn and be the best they can be.

Strategy Toolbox 1

Good Mental Health in Schools



Tues 5th November 2019 9.30am-3pm AND

Tues 17th March 2020 9.30am-3pm. Capacity 30

Price: **£98** or **£90** early bird price*. Lunch included



Delegates will leave this course with a toolbox of strategies to help support our most vulnerable and troubled children who are struggling to thrive in school. This course offers practical strategies for professionals to implement for children who display challenging behaviour presenting in anger, separation anxiety, controlling behaviours, excessive attention seeking, generalised anxiety, low self-esteem and more.



MORE Strategies for your Toolbox

Good Mental Health in Schools

Tues 19th November 2019 9.30am-3pm AND

Tues 5th May 2020 9.30am-3pm. Capacity 30

Price: **£98** or **£90** early bird price*. Lunch included

**NEW
course**

Due to popular demand and fantastic feedback from delegates who have attended 'Strategy Toolbox 1' we will offer further therapeutic strategies to be used by professionals to support the emotional well-being of vulnerable children in schools. This training will offer a toolbox of practical strategies including de-escalation and emotional attunement, managing anxiety and exam stress, helping children build secure attachments, creating therapeutic behaviour plans and much more!



SPECIAL DISCOUNT:
Book both courses
for £150

* To qualify for the Early Bird Rate please book by 1st October 2019 for autumn courses and 4th Feb 2020 for spring courses. Once you have received a booking confirmation from Your Space Therapies we are unable to cancel the booking but delegates names may be changed at any time.

Bookings can be made at

bookings@yourspacetherapies.org



Venue:

The Rosie, Oak Grove College
The Boulevard, Worthing
West Sussex
BN13 1JX

Tel: **01903 209991**

www.yourspacetherapies.org

93% of delegates who attended the Your Space Therapies autumn and spring conferences rated them 'Excellent'.

Here are some of their comments:

"A highly engaging and inspiring training"

"I have learnt practical skills based in neuro-science that are sympathetic to teachers busy schedules and easy to implement in school."

"This is the best CPD we have ever had"

"I have the knowledge and understanding of early trauma to be able to take our schools care for our vulnerable children to the next level."

Did you know **Your Space Therapies** can also provide bespoke trainings for your school or organisation? Please contact **bookings@yourspacetherapies.org** to enquire.